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| **Waterloo Community School District** | **Expo** |  |
| C:\Header.jpg | | |

| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
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|  |  |  |  | 1  Buffalo chicken bites 14  Chicken Taco 19  Fish Sandwich 62  California Mix 5  Managers Choice of Vegt  Romaine Lettuce Salad  Goldfish 16  Pineapple 26  Fruit Bowl 20  Juice 15 |
| 4  Beef & Cheese Nachos 46  Hamburger 33  Chicken Strip Salad 14  w/ Corn Muffin 36  Refried Beans 15  Mini Carrots 3  Romaine Lettuce Salad  Raisins 29  Fruit Bowl 20  Juice 15 | 5  \* Egg Roll 40  Breaded Chicken Sand. 45  \* Three Meat Pizza 42  Sweet Pot Crinkles 17  Cucumbers 3  Romaine Lettuce Salad  Goldfish 16  Flavored Applesauce 29  Fruit Bowl 20  Juice 15 | 6  Pizza Quesadilla 38  Walking Taco 26  Chef Salad  Green Beans 6  Green Pepper Strips 3  Romaine Lettuce Salad  Bread Stick 16  Pears 25  Fruit Bowl 20  Juice 15 | 7  Chicken Nuggets 15  Spicy Chicken Sand. 47  BLT Pizza 58  Mashed Potatoes 17  Black Bean Salad 12  Romaine Lettuce Salad  Tortilla Chips 18  Fresh Pear 25  Fruit Bowl 20  Juice 15 | 8 |
| 11  Sweet & Sour Chicken 34  Brown Rice 21  Corn Dog 30  Chicken Strip Salad 14  w/ Corn Muffin 36  Corn 16  Fresh Broccoli 2  Romaine Lettuce Salad  Pineapple 26  Fruit Bowl 20  Juice 15 | 12  Mozzarella Sticks 48  Breaded Chicken Sand. 45  \* Pepperoni Pizza 41  Baked Beans 29  Celery 2  Romaine Lettuce Salad  Cinnamon Apples 29  Fruit Bowl 20  Juice 15 | 13  Chef Salad  Walking Taco 26  Sloppy Joe 43  Mixed Vegetables 12  Red Pepper Strips 3  Romaine Lettuce Salad  Peaches 24  Corn Muffin 36  Fruit Bowl 20  Juice 15 | 14  Macaroni & Cheese 33  Spicy Chicken Sand. 47  Peas 13  Cole Slaw 12  Romaine Lettuce Salad  Goldfish 16  Mandarin Oranges 28  Fruit Bowl 20  Juice 15 | 15  Chili 39  Chicken Taco 19  Fish Sandwich 62  Steamed Carrots 7  Romaine Lettuce Salad  Managers Choice of Vegt  Goldfish 16  Mixed Fruit 25  Fruit Bowl 20  Juice 15 |
| 18  Teriyaki Chicken 9  Brown Rice 21  Hamburger 33  Chicken Strip Salad 14  w/ Corn Muffin 36  Sweet Pot Crinkles 17  Cherry Tomato 2  Romaine Lettuce Salad  Bear Grahams 21  Fruit Bowl 20  Wcs PLUMS: canned  Juice 15 | 19  Beef & Cheese Nachos 46  Breaded Chicken Sand. 45  \* Three Meat Pizza 42  Broccoli w/ Cheese 5  Cucumbers 3  Romaine Lettuce Salad  Raisins 29  Fruit Bowl 20  Juice 15 | 20  Walking Taco 26  \* BBQ Rib Sandwich 62  Chef Salad  Refried Beans 15  Black Bean Salad 12  Romaine Lettuce Salad  Fresh Pear 25  Fruit Bowl 20  Juice 15 | 21  Lasagna 44  Spicy Chicken Sand. 47  \*Ck Bacon Ranch Pizza 44  Green Pepper Strips 3  Mixed Vegetables 12  Romaine Lettuce Salad  Goldfish 16  Fruit Medley 12  Fruit Bowl 20  Juice 15 | 22  Turkey & Gravy 2  Biscuit 24  Taco 22  Fish Sandwich 62  Mashed Potatoes 17  Managers Choice of Vegt  Romaine Lettuce Salad  Grapes 14  Fruit Bowl 20  Juice 15 |
| 25  Mandarin Chicken 19  Brown Rice 21  Corn Dog 30  Chicken Strip Salad 14  w/ Corn Muffin 36  Peas 13  Mini Carrots 3  Romaine Lettuce Salad  Bear Grahams 21  Raspberry Slushie 20  Fruit Bowl 20  Juice 15 | 26  Buffalo Chicken Wrap 20  Breaded Chicken Sand. 45  \* Pepperoni Pizza 41  Baked Beans 29  Romaine Lettuce Salad  Managers Choice of Vegt  Three Bean Salad 13  Pears 25  Fruit Bowl 20  Juice 15 | 27 | 28 | 29 |

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| **We are always looking for Food Service Substitutes.  Contact Human Resources today!**  **Milk is offered with all meals**  **Menus are subject to change**  **This Institution is an Equal Opportunity Provider**  **\* Items are a pork product** |