

**PHILOSOPHY OF MIDDLE SCHOOL ATHLETICS**

1. In general, all practice sessions and athletic contests will be scheduled so that the academic program of the school is not directly or indirectly disrupted. Practice sessions are to be well organized so that all students receive the benefit of the basic fundamentals.
2. Athletic contests will usually be scheduled in the afternoon immediately after school hours.
3. The program will be conducted so that desirable school citizenship and good sportsmanship are fostered among coaches, participants and spectators.
4. The interscholastic teams will be coached by qualified, state certified coaches. When preseason clinics are made available, the coaches in their particular sport may attend.
5. Equipment should ensure maximum safety for participants.
6. All the middle school athletic activities will be governed by the rules and regulations stipulated by the Iowa Girls Athletic Union and Iowa High School Athletic Association.
7. A student on an athletic squad is not allowed to participate in the same sport in intramurals during that particular season unless written permission is granted by the building administrator. After school begins, no more than one athletic practice session is allowed per day.
8. Each coach shall make a sincere effort to encourage all interested students to participate in sports activities. A student will only be dismissed from the squad for disciplinary action with the approval of the Athletic Director.
9. A coaching assignment is to be terminated unless enough students report to fill a complete team.
10. The middle school athletic directors will evaluate the performance of middle school coaches.

ADOPTED: 1/23/84  
7/9/90  
8/18/00

Reviewed: 6/90, 8/18/00, 10/7/04, 1/05/06, 2/5/09, 3/12/13, 3/7/19