October 2020

Elementary Breakfast Menu

BREAKFAST

Milk is offered with all meals.
Menus are subject to change
Number following item indicates carbs.

***Items are a pork product.**

We are always looking for Food Service Substitutes.
Contact Human Resources today!

Waterloo Community School District is an Equal Opportunity Employer.

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Apple Jacks 24 S-berry Grain Bar 27 Apple Juicy Juice 15 Pear Cup 18	**2** Frosted strawberry Poptart Cereal Bar 30 Juice 15 Fruit
5 Coco Puffs 21 Butterscotch Bar 24 Orange Juice Pineapple Cup 18	**6** Lucky Charms 21 Poptart, Fudge 37 Berry Juicy Juice 15 Mandarin Orange Cup 17	**7** Trix 18 Breakfast Cookie 44 Grape Juicy Juice 15 Applesauce 13	**8** Frosted Flakes 24 Apple Delight Bar 27 Apple Juicy Juice 15 Pear Cup 18	**9** Cheerios 14 Berry/Lemon Cracker 21 Juice 15 Fruit
12 Apple Jacks 24 Campfire S'more 24 Orange Juice Pineapple Cup 18	**13** Froot Loops 16 Granola Bar 19 Berry Juicy Juice 15 Mandarin Orange Cup 17	**14** Fruity Cheerios 25 Poptart, Strawberry 37 Grape Juicy Juice 15 Applesauce 13	**15** Golden Grahams 24 Brookie 33 Apple Juicy Juice 15 Pear Cup 18	**16** Coco Puffs 21 Strawberry Delight Bar 27 Juice 15 Fruit
19 Trix 18 Chocolate Oatmeal Bar 24 Orange Juice Pineapple Cup 18	**20** Lucky Charms 21 Cinnamon Crisp 25 Berry Juicy Juice 15 Mandarin Orange Cup 17	**21** Cinn Crunch Cereal 21 Poptart, Cinnamon 37 Grape Juicy Juice 15 Applesauce 13	**22** Apple Jacks 24 S-berry Grain Bar 27 Apple Juicy Juice 15 Pear Cup 18	**23** Frosted strawberry Poptart Cereal Bar 30 Juice 15 Fruit
26 Coco Puffs 21 Butterscotch Bar 24 Orange Juice Pineapple Cup 18	**27** Lucky Charms 21 Poptart, Fudge 37 Berry Juicy Juice 15 Mandarin Orange Cup 17	**28** Trix 18 Breakfast Cookie 44 Grape Juicy Juice 15 Applesauce 13	**29** Frosted Flakes 24 Apple Delight Bar 27 Apple Juicy Juice 15 Pear Cup 18	**30** Cheerios 14 Berry/Lemon Cracker 21 Juice 15 Fruit