

# October 2020

## Pre School Breakfast

### BREAKFAST



Milk is offered with all meals.  
Menus are subject to change  
Number following item indicates carbs.



Pork is not served at Preschool.



We are always looking for Food Service Substitutes.  
Contact Human Resources today!



Waterloo Community School District is an Equal Opportunity Employer.

### Monday



### Tuesday

### Wednesday

### Thursday

### Friday

Rice Krispies 16  
Butterscotch Bar 24  
Orange Juice  
Pineapple Cup 18

5

Fruity Cheerios  
Poptart, Fudge 37  
Berry Juicy Juice 15  
Mandarin Orange Cup 17

6

Cheerios 14  
Cinnamon crunch bar 40  
Grape Juicy Juice 15  
Applesauce 13

7

Raisin Bran 27  
Apple Delight Bar 27  
Apple Juicy Juice 15  
Pear Cup 18

8

No School

9

Rice Krispies 16  
Campfire S'more 24  
Orange Juice  
Pineapple Cup

12

Fruity Cheerios  
Granola Bar 19  
Berry Juicy Juice 15  
Mandarin Orange Cup 17

13

Cheerios 14  
Poptart, Strawberry 38  
Grape Juicy Juice 15  
Applesauce 13

14

No School

15

No School

16

Rice Krispies 16  
Chocolate Oatmeal Bar 24  
Orange Juice  
Pineapple Cup 18

19

Fruity Cheerios  
Cinnamon Crisp 25  
Berry Juicy Juice 15  
Mandarin Orange Cup 17

20

Cheerios 14  
Poptart, Cinnamon 37  
Grape Juicy Juice 15  
Applesauce 13

21

Raisin Bran 27  
Strawberry Grain Bar 27  
Apple Juicy Juice 15  
Pear Cup 18

22

No School

23

Rice Krispies 16  
Butterscotch Bar 24  
Orange Juice  
Pineapple Cup 18

26

Fruity Cheerios  
Poptart, Fudge 37  
Berry Juicy Juice 15  
Mandarin Orange Cup 17

27

Cheerios 14  
Cinnamon crunch bar 40  
Grape Juicy Juice 15  
Applesauce 13

28

Raisin Bran 27  
Apple Delight Bar 27  
Apple Juicy Juice 15  
Pear Cup 18

29

No School

30