

October 2020

Pre School Lunch & Afternoon Snack

LUNCH



Milk is offered with all meals.
Menus are subject to change.
Number following item indicates carbs.



Pork is not served at Preschool.



We are always looking for Food Service Substitutes
Contact Human Resources today!



Waterloo Community School District is an Equal Opportunity Employer.

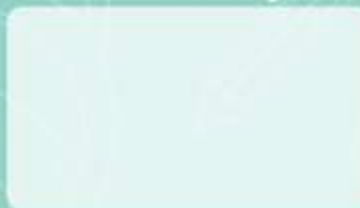
Monday

Tuesday

Wednesday

Thursday

Friday



Breaded Chicken Sand. 45 **1**
Steamed Carrots 7
Fresh Broccoli 1
Mandarin Orange Cup 17
Afternoon Snack
Butterscotch Bar 24

No School **2**

Chili Crispito 44 **5**
Refried Beans 15
Mini Carrots 3
Peach Cup 18
Afternoon Snack
Campfire S'more 24

Chicken Taco 10 **6**
Potato Wedges 17
Cucumbers 1
Pear Cup 18
Afternoon Snack
String Cheese 1
Grape Juice 28

Grilled Chicken Sand. 33 **7**
Peas 13
Romaine Lettuce Salad
Cinnamon Apples 29
Afternoon Snack
Yogurt 15
Animal Crackers 21

Mandarin Chicken 19 **8**
Brown Rice 21
Broccoli w/ Cheese 5
Mini Carrots 3
Mandarin Orange Cup 17
Afternoon Snack
Goldfish 16

No School **9**

Chicken Strips 13 **12**
Cheesy Potatoes 17
Cole Slaw 12
Peach Cup 18
Afternoon Snack
Yogurt 15
Cookies 22

Hamburger 33 **13**
Topper cup
Refried Beans 15
Pear Cup 18
Afternoon Snack
Frootloop Pouch 24

Turkey & Gravy 2 **14**
Biscuit 24
Mixed Vegetables 12
Mini Carrots 3
Sour Cherry Slushie 20
Afternoon Snack
Bear Grahams 21
Apple Juice 20

Teriyaki Chicken 9 **15**
Brown Rice 21
Steamed Carrots 7
Romaine Lettuce Salad
Mandarin Orange Cup 17
Afternoon Snack
Butterscotch Bar 24

No School **16**

Hamburger 33 **19**
Sweet Pot Crinkles 17
Romaine Lettuce Salad
Peach Cup 18
Afternoon Snack
Butterscotch Bar 24

Taco 11 **20**
Refried Beans 15
Mini Carrots 3
Pear Cup 18
Afternoon Snack
String Cheese 1
Grape Juice 28

Macaroni & Cheese 33 **21**
Green Beans 6
Romaine Lettuce Salad
Flavored Applesauce 29
Afternoon Snack
Yogurt 15
Animal Crackers 21

Sweet & Sour Chicken 34 **22**
Brown Rice 21
Steamed Broccoli 4
Cucumbers 1
Mandarin Orange Cup 17
Afternoon Snack
Goldfish 16

No School **23**

Chicken Nuggets 12 **26**
Baked Beans 29
Mini Carrots 3
Peach Cup 18
Afternoon Snack
Yogurt 15
Cookies 22

Fish Sandwich 47 **27**
Corn 16
Cole Slaw 12
Pear Cup 18
Yogurt 15
Corn Muffin 36
Afternoon Snack
Frootloop Pouch 24

Hamburger 33 **28**
Topper cup
Peas 13
Raspberry Slushie 20
Afternoon Snack
Bear Grahams 21
Apple Juice 20

Breaded Chicken Sand. 45 **29**
Steamed Carrots 7
Fresh Broccoli 1
Mandarin Orange Cup 17
Afternoon Snack
Butterscotch Bar 24

No School **30**