

November 2020

Secondary Breakfast

BREAKFAST



Milk is offered with all meals.
Menus are subject to change.
Number following item indicates carbs.

*Items are a pork product.



We are always looking for Food Service Substitutes.
Contact Human Resources today!

Waterloo Community School district is an Equal Opportunity Employer.



Monday

Tuesday

Wednesday

Thursday

Friday

2
Trix 18
Chocolate Oatmeal Bar 24
Orange Juice 13
Pineapple Cup 18

3
Lucky Charms 21
Choc Chip Crisp 25
Fruit Punch 14
Mandarin Orange Cup 17

4
Cinn Crunch Cereal 21
Poptart, Cinnamon 37
Grape Juice 18
Applesauce 13

5
Apple Jacks 24
S-berry Grain Bar 27
Apple Juice 14
Pear Cup 18

6
Strawberry Shredded Wheat
Cereal Bar 30
Juice 15

9
Froot Loops 16
French Toast Goldfish 16
Orange Juice 13
Pineapple Cup 18

10
Cheerios 14
Apple Grain Bar 27
Fruit Punch 14
Mandarin Orange Cup 17

11
Golden Grahams 24
Poptart, Blueberry 37
Grape Juice 18
Applesauce 13

12
Fruity Cheerios 25
Cinnamon Crisp 25
Apple Juice 14
Pear Cup 18



16
Coco Puffs 21
Butterscotch Bar 24
Orange Juice 13
Pineapple Cup 18

17
Lucky Charms 21
Poptart, Fudge 37
Fruit Punch 14
Mandarin Orange Cup 17

18
Trix 18
Breakfast Cookie 44
Grape Juice 18
Applesauce 13

19
Frosted Flakes 24
Apple Delight Bar 27
Apple Juice 14
Pear Cup 18

20
Cheerios 14
Berry/Lemon Cracker 21
Juice 15

23
Apple Jacks 24
Campfire S'more 24
Orange Juice 13
Pineapple Cup 18

24
Froot Loops 16
Granola Bar 19
Fruit Punch 14
Mandarin Orange Cup 17



30
Trix 18
Chocolate Oatmeal Bar 24
Orange Juice 13
Pineapple Cup 18

