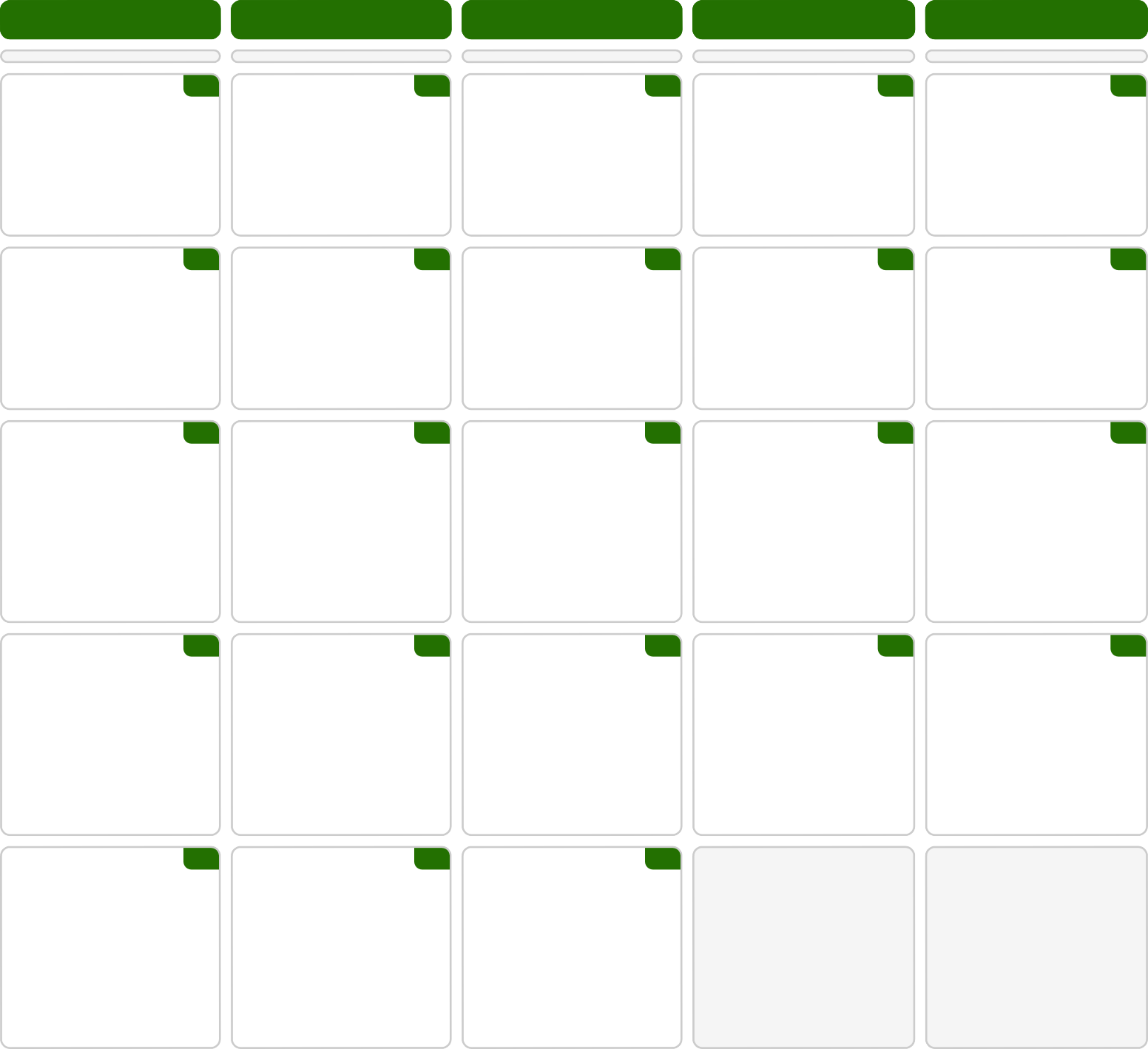
# Waterloo Community School District Secondary Breakfast







**Monday Tuesday Wednesday Thursday Friday**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| 3  Breakfast | 4  Breakfast | 5  Breakfast | Breakfast | 6 | Breakfast | 7 |
| Trix 18 | Lucky Charms 21 | Cinn Crunch Cereal 21 | Apple Jacks 24 |  | Strawberry Shredded |  |
| Chocolate Oatmeal Bar 24 | Choc Chip Crisp 25 | Poptart, Cinnamon 37 | S-berry Grain Bar 27 |  | Wheat |  |
| Orange Juice 13 | Fruit Punch 14 | Grape Juice 18 | Apple Juice 14 |  | Cereal Bar 30 |  |
| Raspberry lemonade | Mandarin Orange Cup | Applesauce 13 | Pear Cup 18 |  | Juice 15 |  |
| Craisins 28 | 17 |  |  |  |  |  |

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| 10  Breakfast | 11  Breakfast | 12  Golden Grahams 24 | Breakfast | 13 | Breakfast | 14 |
| Froot Loops 16 | Cheerios 14 | Poptart, Blueberry 37 | Fruity Cheerios 25 |  | Frosted Flakes 24 |  |
| Honey bun goldfish 19 | Apple Grain Bar 27 | Grape Juice 18 | Cinnamon Crisp 25 |  | Donut 23 |  |
| Orange Juice 13 | Fruit Punch 14 | Applesauce 13 | Apple Juice 14 |  | Juice 15 |  |
| Raspberry lemonade | Mandarin Orange Cup |  | Pear Cup 18 |  | Fruit barrel |  |
| Craisins 28 | 17 |  |  |  |  |  |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Breakfast | 17 | 18  Breakfast | 19  Breakfast | 20  Breakfast | 21  Breakfast |
| Coco Puffs 21 |  | Lucky Charms 21 | Trix 18 | Frosted Flakes 24 | Cheerios 14 |
| Butterscotch Bar 24 |  | Poptart, Fudge 37 | Breakfast Cookie 44 | Apple Delight Bar 27 | Berry/Lemon Cracker 21 |
| Orange Juice 13 |  | Fruit Punch 14 | Grape Juice 18 | Apple Juice 14 | Juice 15 |
| Applesauce 13 |  | Mandarin Orange Cup | Raspberry lemonade | Pear Cup 18 |  |
|  |  | 17 | Craisins 28 |  |  |

24

Breakfast Apple Jacks 24

Campfire S’more 24

Orange Juice 13

25

Breakfast Froot Loops 16

Granola Bar 19

Fruit Punch 14

26

Manager's Choice Breakfast

Manager's Choice Breakfast

27 28

Manager's Choice Breakfast

Applesauce 13

Mandarin Orange Cup 17

31 1 2

Manager's Choice Breakfast

Manager's Choice Breakfast

# We are always looking for Food Service Substitutes. Contact Human Resources today! Milk is offered with all meals

**Menus are subject to change**

**This Institution is an Equal Opportunity Provider**

**\* Items are a pork product**