

# Pre-K Aug-September Menu

29	30	31	1	2
Breakfast Cocoa Puffs 47 Applesauce 13 Lunch Chicken Nuggets 12 Mashed Potatoes 17 Gravy 3 Romaine Lettuce Salad Fruit cup After School Snack Yogurt 15 cookies 22	Breakfast Lucky Charms 46 Raspberry lemonade 28 Mandarin Orange Cup 17 Lunch Beef & Cheese Nachos 26 crispy cube potatoes 18 Romaine Lettuce Salad Peach Cup 18 After School Snack Cereal Bar 30	Breakfast Cinn Chex 46 Strawberry Applesauce 30 Raisels 34 French Bread Cheese 27 Baked Beans 29 Mini Carrots 4 Raspberry Slushie 20 After School Snack Bear Grahams 21 Apple Juice 20	Breakfast Cinnamon toast crunch 44 Pear Cup 18 Chili Crispito 22 Mexicali corn 16 Cucumbers 1 Banana 10 After School Snack Butterscotch Bar 24	
5	6	7	8	9
	Breakfast Lucky Charms 46 Raisels Mandarin Orange Cup 17 Chicken Taco 10 Refried Beans 15 Mini Carrots 4 Pear Cup 18 After School Snack Grape Juice 28 Churo Crackers 21	Breakfast Cinn Chex 46 Strawberry Applesauce 30 Raspberry lemonade 28 Chicken Drumstick 5 Goldfish 16 Corn 16 Romaine Lettuce Salad Apple Wedges 8 After School Snack Yogurt 15 Berry/Lemon Cracker 21	Breakfast Cinnamon toast crunch 44 Pear Cup 18 French Bread Cheese 27 Broccoli w/ Cheese 5 Cucumbers 1 Mandarin Orange Cup 17 After School Snack Goldfish 16	
12	13	14	15	16
Breakfast Cocoa Puffs 47 Applesauce 13 Cheese Nachos 24 Refried Beans 15 Cherry juice 13 Fruit cup After School Snack Yogurt 15 cookies 22	Breakfast Lucky Charms 46 Raspberry lemonade 28 Mandarin Orange Cup 17 Breakfast Pizza 23 Cheesy Potatoes 17 Romaine Lettuce Salad Peach Cup 18 After School Snack Cereal Bar 30	Breakfast Cinn Chex 46 Strawberry Applesauce 30 Raisels 34 Mozzarella Sticks 31 Mixed Vegetables 12 Celery 1 Apple Juice 14 After School Snack Bear Grahams 21 Apple Juice 20	Breakfast Cinnamon toast crunch 44 Pear Cup 18 Chicken Parm Bake 28 Potato Wedges 17 Cucumbers 1 Mandarin Orange Cup 17 After School Snack Butterscotch Bar 24	

19	20	21	22	23
Breakfast Cocoa Puffs 47 Applesauce 13 Lunch Hamburger 33 crispy cube potatoes 18 Fruit cup After School Snack Chocolate Oatmeal Bar 24	Breakfast Lucky Charms 46 Raspberry lemonade 28 Mandarin Orange Cup 17 Lunch Chicken Drumstick 5 Corn Muffin 36 Refried Beans 15 Romaine Lettuce Salad Pear Cup 18 After School Snack Churo Crackers 21 Grape Juice 28	Breakfast Cinn Chex 46 Raspberry lemonade 28 Grape Juice 15 Lunch Turkey & Gravy 2 Biscuit 24 Peas 13 Celery 1 Strawberry Applesauce 30 After School Snack Yogurt 15 Berry/Lemon Cracker 21	Breakfast Cinnamon toast crunch 44 Pear Cup 18 French Bread Cheese 27 Corn 16 Cucumbers 1 Mandarin Orange Cup 17 After School Snack Goldfish 16	
26	27	28	29	30
Breakfast Cocoa Puffs 47 Applesauce 13 Lunch Chicken Nuggets 12 Mashed Potatoes 17 Gravy 3 Romaine Lettuce Salad Fruit cup After School Snack Yogurt 15 cookies 22	Breakfast Lucky Charms 46 Raspberry lemonade 28 Mandarin Orange Cup 17 Lunch Beef & Cheese Nachos 26 crispy cube potatoes 18 Romaine Lettuce Salad Peach Cup 18 After School Snack Cereal Bar 30	Breakfast Cinn Chex 46 Strawberry Applesauce 30 Raisels 34 French Bread Cheese 27 Baked Beans 29 Mini Carrots 4 Raspberry Slushie 20 After School Snack Bear Grahams 21 Apple Juice 20	Breakfast Cinnamon toast crunch 44 Pear Cup 18 Chili Crispito 22 Mexicali corn 16 Cucumbers 1 Banana 10 After School Snack Butterscotch Bar 24	

**We are always looking for Food Service Substitutes. Contact Human Resources today!**

**Milk is offered with all meals**

**Menus are subject to change**

**This Institution is an Equal Opportunity Provider**

**Pork is not served at Preschool**