Waterloo Community Scho	ool District	Elementary 2022-223		
	D	ECEMBE	R	
Monday	Tuesday	Wednesday	Thursday	Friday
			1 Breakfast Honey cheerio 44 Apple Juice 14 Pear Cup 18 Lunch Tater tot casserole Little Pizza Snackable 33 Broccoli w/ Cheese 5 Fresh Cauliflower 1 Mandarin Orange Cup 17 After School Snack Goldfish 16	2
5 Breakfast Cocoa Puffs 47 Orange Juice 13 Applesauce 13 Lunch Cheese Nachos 43 Sunbutter Sandwich 33 Refried Beans 15 Cole Slaw 12 Fruit cup After School Snack Yogurt 15 cookies 22	6 Breakfast Lucky Charms 46 Raspberry lemonade 28 Mandarin Orange Cup 17 Lunch Breakfast Pizza 25 Yogurt 1 & Corn Muffin 36 Cheesy Potatoes 17 Romaine Lettuce Salad Peach Cup 18 After School Snack Cereal Bar 30	7 Breakfast Breakfast Kit Lunch Mozzarella Sticks 31 Cottage Cheese4 Cracker 21 Mixed Vegetables 12 Celery 1 Apple Juice 14 After School Snack Bear Grahams 21 Apple Juice 20	8 Breakfast Muffin 51 Apple Juice 14 Pear Cup 18 Lunch Chicken Parm Bake 28 Little Pizza Snackable 33 Potato Wedges 17 Cucumbers 1 Mandarin Orange Cup 17 After School Snack Butterscotch Bar 24	9 Breakfast Blueberry chex 46 Juice 15 Pineapple Cup 18 Fruit barrel Lunch Cheese Pizza 27 Deli Sandwich 35 Mini Carrots 4 Green Beans 6 Apple Wedges 8 After School Snack Cinnamon crunch bar 40 Grape Juice 28
12	13	14	15	16
Breakfast Cocoa Puffs 47 Orange Juice 13 Applesauce 13 Lunch Hamburger 33 Sunbutter Sandwich 33 crispy cube potatoes 18 Fruit cup Cherry juice 13 After School Snack Chocolate Oatmeal Bar 24	Breakfast Lucky Charms 46 Raspberry lemonade 28 Mandarin Orange Cup 17 Lunch Chicken Drumstick 5 Corn Muffin 36 Yogurt 1 & Corn Muffin 36 Refried Beans 15 Cherry Tomato 1 Pear Cup 18 After School Snack Grape Juice 28 Crackers 21	Breakfast Breakfast Kit Lunch Turkey & Gravy 2 Biscuit 24 Cottage Cheese4 Cracker 21 Peas 13 Celery 1 Strawberry Applesauce 30 After School Snack Yogurt 15 Berry/Lemon Cracker 21	Breakfast Muffin 51 Apple Juice 14 Pear Cup 18 Lunch Mini Corn Dogs 37 Little Pizza Snackable 33 Corn 16 Fresh Cauliflower 1 Mandarin Orange Cup 17 After School Snack Goldfish 16	Breakfast Honey cheerio 44 Juice 15 Mixed Fruit Cup 18 Lunch French Bread Cheese 27 Italian Sandwich 37 Green Beans 6 Mini Carrots 4 After School Snack Poptart, Strawberry 37 Apple Juice 20

BreakfastBreakfastBreakfastCocoa Puffs 47Lucky Charms 46Breakfast KitOrange Juice 13Raspberry lemonade 28LunchApplesauce 13Mandarin Orange Cup 17Breaded Chicken Sand. 4LunchLunch5Chicken Nuggets 12Beef & Cheese Nachos 46Cottage Cheese4 CrackerSunbutter Sandwich 33Yogurt 1 & Corn Muffin 3621Mashed Potatoes 17Sweet Pot Crinkles 17Managers Choice of VegtGravy 3Cherry Tomato 1Celery 1
Orange Juice 13 Applesauce 13 LunchRaspberry lemonade 28 Mandarin Orange Cup 17 LunchLunchLunchChicken Nuggets 12 Sunbutter Sandwich 33 Mashed Potatoes 17 Gravy 3Beef & Cheese Nachos 46 Yogurt 1 & Corn Muffin 36 Sweet Pot Crinkles 17 Cherry Tomato 1Cottage Cheese4 Cracker 21 Managers Choice of Vegt Celery 1
Applesauce 13 LunchMandarin Orange Cup 17 LunchBreaded Chicken Sand. 4 5Chicken Nuggets 12 Sunbutter Sandwich 33 Mashed Potatoes 17 Gravy 3Beef & Cheese Nachos 46 Yogurt 1 & Corn Muffin 36 Sweet Pot Crinkles 17 Cherry Tomato 1Cottage Cheese4 Cracker 21
LunchLunch5Chicken Nuggets 12Beef & Cheese Nachos 46Cottage Cheese4 CrackerSunbutter Sandwich 33Yogurt 1 & Corn Muffin 3621Mashed Potatoes 17Sweet Pot Crinkles 17Managers Choice of VegtGravy 3Cherry Tomato 1Celery 1
Chicken Nuggets 12Beef & Cheese Nachos 46Cottage Cheese4 CrackerSunbutter Sandwich 33Yogurt 1 & Corn Muffin 3621Mashed Potatoes 17Sweet Pot Crinkles 17Managers Choice of VegtGravy 3Cherry Tomato 1Celery 1
Sunbutter Sandwich 33 Mashed Potatoes 17 Gravy 3Yogurt 1 & Corn Muffin 36 Sweet Pot Crinkles 17 Cherry Tomato 121 Managers Choice of Vegt Celery 1
Mashed Potatoes 17 Gravy 3Sweet Pot Crinkles 17 Cherry Tomato 1Managers Choice of Vegt Celery 1
Gravy 3 Cherry Tomato 1 Celery 1
Fresh Broccoli 1 Peach Cup 18 Raspberry Slushie 20
Fruit cup After School Snack After School Snack
After School Snack Cereal Bar 30 Bear Grahams 21
Yogurt 15 Apple Juice 20
cookies 22
26 27 28

We are always looking for Food Service Substitutes. Contact Human Resources today!

Milk is offered with all meals

Menus are subject to change

This Institution is an Equal Opportunity Provider

* Items are a pork product