Waterloo Community Scho	ool District	Elementary 2022-223		
		MARCH		
Monday	Tuesday	Wednesday	Thursday	Friday
		1 Breakfast Breakfast Kit Lunch Chicken Drumstick 5 Goldfish 16 Cottage Cheese4 Cracker 21 Corn 16 Romaine Lettuce Salad Apple Wedges 8 After School Snack Yogurt 15 Berry/Lemon Cracker 21	2 Breakfast Cherry Muffin 39 Apple Juice 14 Pear Cup 18 Lunch Mandarin Chicken 61 Brown Rice 21 Little Pizza Snackable 33 Broccoli w/ Cheese 5 Fresh Cauliflower 1 Mandarin Orange Cup 17 After School Snack Cheez it 14	3 Breakfast Honey cheerio 44 Juice 15 Peach Cup 18 Lunch French Bread Cheese 27 Italian Sandwich 37 Sweet Pot Crinkles 17 Mini Carrots 3 Mixed Fruit Cup 18 After School Snack Poptart, Strawberry 37 Apple Juice 20
6 Breakfast Cocoa Puffs 47 Orange Juice 13 Applesauce 13 Lunch Cheese Nachos 43 Sunbutter Sandwich 33 Green Beans 6 Cole Slaw 12 Fruit cup After School Snack Yogurt 15 cookies 22	7 Breakfast Lucky Charms 46 Raspberry lemonade 28 Mandarin Orange Cup 17 Lunch Hot pocket 30 Yogurt 1 & Corn Muffin 36 Potato Wedges 17 Romaine Lettuce Salad Peach Cup 18 After School Snack Cereal Bar 30	8 Breakfast Breakfast Kit Lunch Mozzarella Sticks 31 Cottage Cheese4 Cracker 21 Mixed Vegetables 12 Celery 1 Apple Juice 14 After School Snack Churo Crackers 21 Apple Juice 20	9 Breakfast Breakfast Bar 43 Apple Juice 14 Pear Cup 18 Lunch Chicken Parm Bake 28 Little Pizza Snackable 33 Refried Beans 15 Cucumbers 1 Mandarin Orange Cup 17 After School Snack Butterscotch Bar 24	10 Breakfast Blueberry chex 46 Juice 15 Pineapple Cup 18 Lunch Cheese Pizza 27 Deli Sandwich 35 Mini Carrots 4 Cheesy Potatoes 17 Apple Wedges 8 After School Snack Cinnamon crunch bar 40 Grape Juice 28
13	14	15	16	17
20 Breakfast Cocoa Puffs 47 Orange Juice 13 Applesauce 13 Lunch Hamburger 33 Sunbutter Sandwich 33 crispy cube potatoes 18 Fruit cup Cherry juice 13 After School Snack Chocolate Oatmeal Bar 24	21 Breakfast Lucky Charms 46 Raspberry lemonade 28 Mandarin Orange Cup 17 Lunch Popcorn Chicken 17 Corn Muffin 36 Yogurt 1 & Corn Muffin 36 Refried Beans 15 Cherry Tomato 1 Pear Cup 18 After School Snack Grape Juice 28 Crackers 21	22 Breakfast Breakfast Kit Lunch Turkey & Gravy 2 Biscuit 24 Cottage Cheese4 Cracker 21 Peas 13 Celery 1 Strawberry Applesauce 30 After School Snack Yogurt 15 Birthday Grahamz 8	23 Breakfast Muffin 51 Apple Juice 14 Pear Cup 18 Lunch Mini Corn Dogs 37 Little Pizza Snackable 33 Corn 16 Fresh Cauliflower 1 Mandarin Orange Cup 17 After School Snack Goldfish 16	24

27	28	29	30	31
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Cocoa Puffs 47	Lucky Charms 46	Breakfast Kit	Mini Cinnamon Roll 40	Cinnamon toast 44
Orange Juice 13	Raspberry lemonade 28	Lunch	Pear Cup 18	Juice 15
Applesauce 13	Mandarin Orange Cup 17	Hot Dog 24	Lunch	Pineapple Cup 18
Lunch	Lunch	Cottage Cheese4 Cracker	Chili Crispito 44	Lunch
Chicken Strips 13	Beef & Cheese Nachos 46	21	Little Pizza Snackable 33	Cheese Pizza 27
Sunbutter Sandwich 33	Yogurt 1 & Corn Muffin 36	Baked Beans 29	Mexicali corn 16	Deli Sandwich 35
Mashed Potatoes 17	Sweet Pot Crinkles 17	Cole Slaw 12	Cucumbers 1	Steamed Carrots 7
Gravy 3	Cherry Tomato 1	Strawberry Jell-o 19	Banana 10	Cherry juice 13
Fresh Broccoli 1	Peach Cup 18	After School Snack	After School Snack	Apple Wedges 8
Fruit cup	After School Snack	Churo Crackers 21	Butterscotch Bar 24	After School Snack
After School Snack	Cereal Bar 30	Apple Juice 20		Cinnamon crunch bar 40
Yogurt 15				Grape Juice 28
Snack Cracker 21				

We are always looking for Food Service Substitutes. Contact Human Resources today!

Milk is offered with all meals

Menus are subject to change

This Institution is an Equal Opportunity Provider

\* Items are a pork product