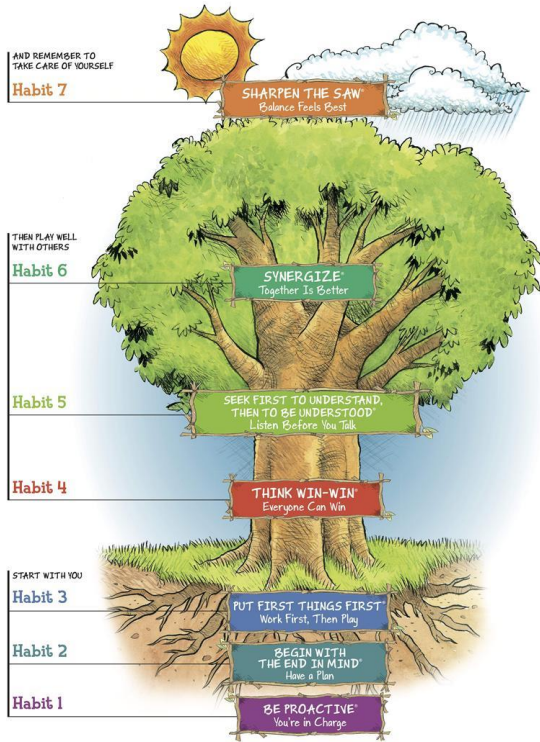
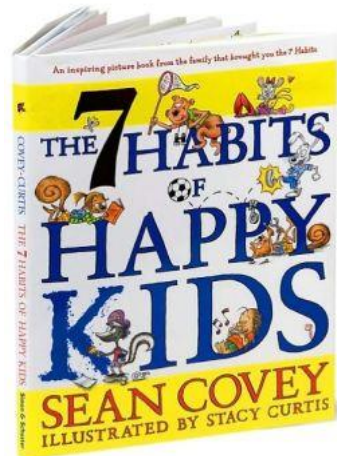


The 7 Habits® Tree



The 7 Habits are not just for school, but for all aspects of life. These habits are not only good for kids, but adults as well. The seven habits are life skills. They teach us how to help ourselves and others in a more positive way. Please work with your child on these habits at home, while we work on them at school!



Poyner Elementary

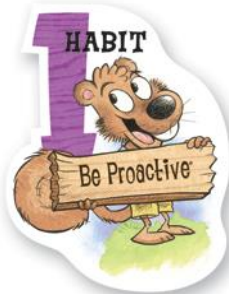


All About the 7 Habits

Leadership is communicating to people their worth and potential so clearly that they come to see it in themselves.

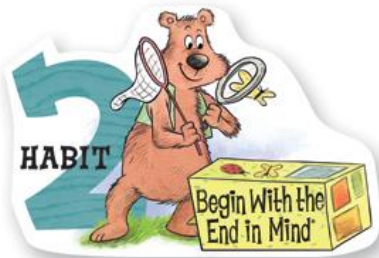
~ Stephen Covey

The 7 Habits



Habit 1: Be Proactive

Being proactive means you are in charge of your attitude and actions. You do the right thing even if it's not your responsibility or when no one is looking.



Habit 2: Begin With the End in Mind

This is when you look at a goal. You know what you want to accomplish, such as, get good grades, not get your folder marked, play the video game at home, and you do what you need to in order to accomplish that goal. You might take your time on a grade, listen instead of talk, or get all your chores done.



Habit 3: Put First Things First

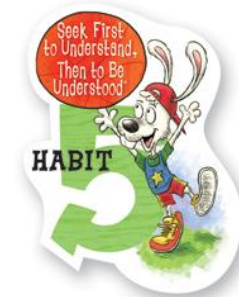
This is all about work first, then play. Students know they have to complete all their centers before they can go to a free center. Sometimes, we have them do their homework before they go outside. This is putting first things first.

Habit 4: Think Win-Win

When a problem comes up, students should look for a compromise that makes both people happy. If he wants to play outside and his friend wants to stay in. Try 10 minutes outside and 10 minutes inside. This would make both of you happy!



Habit 5: Seek First to Understand, Then to be Understood

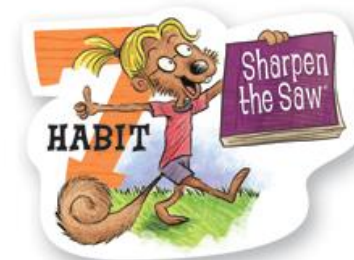


Listen to what others are trying to say before you start talking. Think about what you want to say.



Habit 6: Synergize

When students synergize, they work with others to get ideas and collaborate. When they don't understand something, they seek someone for help.



Habit 7: Sharpen the Saw

To sharpen the saw is to balance work and play. Students need time to play! We work on these other habits to help get their work done on time, so they do have time to play. Just like at home, students should complete the chores or homework before playing what they want to!

For more information visit www.theleaderinme.org